

AN UNCOMMON CASE OF SUBTALAR DISLOCATION: A CASE REPORT

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INTRODUCTION:

Subtalar dislocation is the simultaneous dislocation of talonavicular and talocalcaneal articular surfaces. It is a relatively uncommon dislocation and usually caused by high energy mechanism.

REPORT:

A 41-year-old man presented with pain and deformity of the right foot while playing badminton (Figure a).

X-ray showed medial subtalar dislocation with tip of fibula avulsion fracture of his right ankle. (Figure b)

Closed method reduction was done, and he was put on back slab.

Figure a



Figure b



CT scan of the foot showed presence of small comminuted fracture of tip of posterior and lateral process of right talus with undisplaced fracture of distal end of right fibula.

Patient was then discharged with backslab for immobilization for 6 weeks.

CONCLUSION:

Non-operative treatment is adequate for cases with successful closed method reduction without post injury instability. However, CT-scan should be done to look for associated fractures as a pure dislocation is rare.

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