

OBTURATOR DISLOCATION: THERE GOES MY FEMUR HEAD

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Introduction: Traumatic neck of femur(NOF) fracture is a relatively common injury. However, the association with obturator dislocation is uncommon. The outcome of this traumatic presentation is poor and predictable.

Discussion: Open reduction via posterior approach and screw fixation left NOF done within 12 hours. Intraoperatively, NOF fracture with the femur head displaced anterior to obturator foramen. Post-operation day 5, he was discharged with non-weight bearing ambulation. Follow up at four months revealed radiologic evidence of femur head avascular necrosis, not a surprising finding.

Conclusion: Obturator dislocation with ipsilateral NOF fracture is an uncommon type of anterior dislocation. Understanding this type of dislocation and the prognosis aids us to plan proper management that could benefit the patient in future